

NAME _____

DATE _____



PLANNING FORM

PG-3

Team Roster

Selecting players for your team

Instructions

Before creating your team roster, refer to the roster requirements below. The number of players required will depend on the type of team you choose.

Football

Roster total: 22 Players (Minimum) and a Head Coach

Offense:

- 1 Center
- 2 Guards
- 2 Tackles
- 1 Tight End
- 1 Quarterback
- 2 Running Backs
- 2 Receivers

Defense:

- 3 Defensive Linemen
- 3 Linebackers
- 3 Defensive Backs

Special Teams:

- 1 Kicker
- 1 Punter

Field Hockey

Roster total: 22 Players (Minimum) and a Head Coach

- 8 Wings
- 6 Midfielders
- 6 Defenders
- 2 Goalies

Basketball

Roster total: 15 Players (Minimum) and a Head Coach

- 3 Centers
- 6 Forwards
- 6 Guards

Baseball/Softball*

Roster total: 18 Players (Minimum) and a Head Coach

- 1 Catcher
- 1 First Baseman
- 1 Second Baseman
- 1 Third Baseman
- 1 Shortstop
- 3 Outfielders
- 1 Designated Hitter
- 5 Starting Pitchers
- 2 Relief Pitchers
- 2 Utility Players

***Note:** If you are starting a softball team, you can replace some of the pitchers for extra positional players if you so choose.

Soccer

Roster total: 20 Players (Minimum) and a Head Coach

- 2 Goalies
- 6 Forwards
- 6 Midfielders
- 6 Defenders

Volleyball

Roster total: 18 Players (Minimum) and a Head Coach

- 6 Hitters
- 5 Setters
- 5 Middle Blockers
- 2 Defensive Specialists

Hockey

Roster total: 22 Players (Minimum) and a Head Coach

- 4 Centers
- 8 Forwards/Wings
- 8 Defensemen
- 2 Goalies

Lacrosse

Roster total: 20 Players (Minimum) and a Head Coach

- 6 Attackers
- 6 Midfielders
- 6 Defenders
- 2 Goalies

